



Tiverton Senior Center  
207 Canonicus Street  
Tiverton, RI 02878  
Telephone 401-625-6790 Fax 401-625-6793

*NOVEMBER 2021*



Monday	Tuesday	Wednesday	Thursday	Friday
1 9:00 Functional Fitness w/Deb 9:00 TOPS 10-3 Quilting for Charity 12:30 PITCH 2:30 Care Giver Support Group	2 9:00 CHAIR YOGA w/Shirley 9-11 Learn Mahjongg 11:30 Mahjongg 1:30 DRUMS ALIVE!	3 9:00 Functional Fitness w/Deb 12:30 Cribbage 12:30 Chorus 1:30 JamBalaya Jammers	4 9:00 Balance Class with Jess 10:15 Art For Your Mind 1:00 BINGO! 1:00 Knitting for Charity	5 9:00 ZUMBA with Jess 10:15 Functional Fitness w/Deb 11:30 Mahjongg 12:30-2:30 CERAMICS
8 9:00 Functional Fitness w/Deb 9:00 TOPS 10-3 Quilting for Charity 12:30 PITCH	9 9:00 CHAIR YOGA w/Shirley 9-11 Learn Mahjongg 11:30 Mahjongg 1:30 DRUMS ALIVE!	10 9:00 Functional Fitness w/Deb 12:30 Cribbage 12:30 Chorus 1:30 JamBalaya Jammers	11 VETERAN'S DAY CENTER CLOSED	12 9:00 ZUMBA with Jess 10:15 Functional Fitness w/Deb 11:30 Mahjongg 1:30 DRUMS ALIVE!
15 9:00 Functional Fitness w/Deb 9:00 TOPS 10-3 Quilting for Charity 12:30 PITCH 2:30 Care Giver Support Group	16 9:00 CHAIR YOGA w/Shirley 9-11 Learn Mahjongg 10:15 BOOK CLUB 11:30 Mahjongg 1:30 DRUMS ALIVE!	17 9:00 Functional Fitness w/Deb 10:00 COMPUTER EXPO 12:30 Cribbage 12:30 Chorus 1:30 JamBalaya Jammers	18 9:00 Balance Class with Jess 10:30-11:30 Nurse Terri-BP check 10:00 CENTER MEETING 1:00 BINGO! 1:00 Knitting for Charity	19 9:00 ZUMBA with Jess 10:15 Functional Fitness w/Deb 11:30 Mahjongg 1:30 DRUMS ALIVE!
22 9:00 Functional Fitness w/Deb 9:00 TOPS 10-3 Quilting for Charity 12:30 PITCH	23 9:00 CHAIR YOGA w/Shirley 9-11 Learn Mahjongg 11:30 Mahjongg 1:30 DRUMS ALIVE!	24 9:00 Functional Fitness w/Deb 12:30 Cribbage 12:30 Chorus 1:30 JamBalaya Jammers	25 THANKSGIVING CENTER CLOSED	26 CENTER CLOSED
29 9:00 Functional Fitness w/Deb 9:00 TOPS 10-3 Quilting for Charity 12:30 PITCH	30 9:00 CHAIR YOGA w/Shirley 9-11 Learn Mahjongg 11:30 Mahjongg 2:30 DRUMS ALIVE! BEA SMITH Traveling Store 11a.m.-2p.m.			
LUNCH served daily at 11:30		CARDS played daily		 FALL BACK-NOVEMBER 7th-Don't Forget to Set Your Clocks!